

Weight Loss Made Simple

Recommended Supplements for Healthpointe



Core Products for the Healthpointe Programme:

Double X (High potency, premium multi with whole food phytonutrients)

- A high potency, premium multi vitamin for healthy bones and immune system.
- 12 essential vitamins, 8 minerals and packed with phytonutrient-rich plant concentrates.
- It supports your natural resilience while converting food to energy.

Daily (less expensive alternative to Double X)

- Daily provides all the vitamins you need in a convenient once a day tablet.
- 12 key vitamins and 11 minerals (including iron).
- Once a day boost of nutrients as recommended by leading health journals.
- Helps relieve nervous tension and stress.
- A potent convenient way to help fill in the gaps in your diet.

Concentrated Fruit and Vegetables

- Contains phytonutrients equivalent to 10 serves of fruit and vegetables in 2 tablets.
- Provide total body wellbeing and vitality.

Omega 3 Complex

- Help reduce/prevent inflammation.
- Most important essential fatty acid for healthy cell membranes.
- Helps relieve the pain from arthritis.
- Vitamin E to combat oxidation.

Fibre Blend

- Soluble and insoluble fibre aids digestion and helps maintain healthy digestive function.
- Fibre Blend chewable tablets supplement the fibre from your diet to help achieve an adequate fibre intake.
- Fibre Blend helps provide adequate fibre that may help to keep cholesterol levels in the normal range.
- Natural fibres from sources including Sugar Cane, Acerola Cherries, Lemons, Soy, Opuntia Cactus, Peas, Barley and Carrots.

Highly Recommended

Trim Choice

- A powerful combination of herbs to aid weight management programs when used in conjunction with healthy eating and an exercise plan
- Contains 100% natural extracts, including Green Tea, Yerba Mate and Birch Leaf
- Could be just the boost your body needs to reach your weight goals



Solution-focused Optional Extras:

Rhodiola Energy

- Natural blend of adaptogenic herbs to support mental and physical stamina.
- Great support for exercise programs, hectic work days and super-active lives.

Garlic Heart Care

- Provides critically significant levels of garlic's active compounds Alliin and Allicin.
- Helps reduce the symptoms of colds, flu, catarrh and hayfever.
- It may assist in maintaining a healthy heart.

Cholesterol Health

- Helps maintain a healthy balance between good (HDL) and bad (LDL) cholesterol in people with a healthy lifestyle.
- Delivers two phytonutrients in each softgel capsule: Catechins and Theaflavins (tea bioflavonoids).

Glucosamine with Boswellia

- Helps lubricate the joint and may alleviate swelling associated with arthritis.
- Glucosamine HCl with Boswellia can help joint movement and flexibility.
- Helps provide relief from the pain of arthritis and/or sports injury.
- Helps to control the pain from osteoarthritis.